

SECRET SPAS

● **Monty's Spa at Charlton House**, Shepton Mallet, Somerset. Feel like an Eastern princess with its handmade products blended with pure essential oils in apothecary-style coloured bottles.

01749 342008/
montyspa.com

● **Athenaeum Hotel and Apartments**, Mayfair, London.

Once you're installed in the candle-lit treatment rooms you'll forget you are in the heart of London. The spa is exclusive to guests.

020 7499 3464/
athenaeumhotel.com

● **Body Experience**, Richmond, Surrey. "Dreamtime" treats include Aboriginal-inspired Kiradjee and

Sacred Stones massages.

020 8334 9999/
bodyexperience.co.uk

● **Sanook at the Courthouse Hotel** Kempinski, Soho, London (pictured). A Thai-inspired

spa, it is tiny but makes the most of its space. The "Red Eye Rejuvenation" package will soothe you after a long flight or night.

020 7297 5555/
courthouse-hotel.com

● **Green Street House**, Bath. Beyond the front door lies an apothecary-esque shop area brimming with sweet-smelling beauty products and a great range of treatments.

01225 426000/greenstreethouse.com



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